



2017-2018

Alva

POLICY INFORMATION

- Tuition:** Due at the time of enrollment, tuition is non-refundable. Tuition is prorated if you join in mid-month. All monthly payments are due the 15th of the month. A \$10 late fee will apply after the 20th of the month. If paying by check, please make sure that your child's name is written on your check memo.
- Payments:** Spirit Express accepts cash, local checks, money orders, and Visa/MasterCard/Discover. There is a \$25 fee for all returned checks.
- Annual Registration:** Each participant pays a \$25 registration fee each year. This is due at the time of enrollment.
- Family Discounts:** A \$10 per child discount is granted to each additional child from the same family during the same month.
- Make-Up Policy:** If your child misses a class due to illness or school events, please call to schedule a make-up class. Make-ups must be rescheduled within two weeks and are subject to space availability.
- Dress:** Cheerleading and tumbling participants should have hair pulled back, all jewelry removed, and no candy in their mouths. Shorts and t-shirts are recommended. Shorts and t-shirts should not be too baggy, yet not restrict movement. Some students may choose to wear leotards, workout tops, hot pants or other sport clothing. Shoes are optional during tumbling class and required during cheerleading and stunting classes. Spirit Express is not responsible for lost valuables.
- Parent Observation:** Parents are welcome to observe classes in session. Please obey the signs in the gym as to where you may be seated to watch. Parents may not enter on the instructional mat while class is in session.
- Inclement Weather/Holidays:** In case Alva Schools has to be canceled for inclement weather, the gym will also be closed. The gym will also be closed during holidays and breaks observed by the school district. This does not include parent teacher conference/meeting days. See the dates posted at the gym for exact closure dates. These are days that CAN NOT be made up.

2017-2018 PRICING INFORMATION & CLASS OFFERINGS

Recreational Tumbling Classes: \$60 per month per person – 1 Class per Week
\$80 per month per person – 2 Classes per Week
\$100 per month per person – 3 Classes per Week

All- Star Prep Cheer Class: \$110 per month per person
This cost includes 1 tumbling class.

Class Placement: In order for your child to benefit from a Spirit Express class, placement in the appropriate class is critical. It is not necessary to wait for a new session to change classes if a child can perform all the required skills and the coach, athlete, and parent all agree that changing classes is needed.

CLASSES OFFERED

Tiny Tot Tumbling: There are no requirements to enter this class. Participants are ages 3-5. In this class you will learn basic skills and work on strength and coordination.
Tuesday OR Wednesday OR Thursday 4:30-5:30

Beginning Tumbling: There are no requirements to enter this class. In this class you will work on handstands, cartwheels, backbends & walkovers, beginning back-handsprings, etc.
Tuesday OR Wednesday OR Thursday 4:30-5:30

Intermediate Tumbling: You must be able to demonstrate a standing back-handspring on the wedge mat with no spot to enter this class. In this class you will work on running back-handsprings, beginning running & standing tucks, etc...
Tuesday OR Wednesday OR Thursday 5:30-6:30

Advanced Tumbling: You must be able to demonstrate a round-off back tuck with no spot to enter this class. In this class you will work on back-handspring tucks, layouts, etc...
Tuesday OR Wednesday OR Thursday 5:30-6:30

All Star Cheer Prep Class: This class will be working on skills needed to become an All-Star cheerleader. This will prepare athletes for jumps and stunts to prepare for a competitive cheer prep team.
Monday 5:00-6:30