

# Give Your Star A Chance To Shine!

**SPIRIT EXPRESS**

Cheer & Tumbling  
Academy  
Est. 2004

Offering the Only Special Needs  
Cheerleading/Tumbling Team in Enid!

We Are Now Taking Sign-ups for our  
7th Season!

**Who:** Our team is open to all girls and boys from the ages of 5 and up! **All children and/or adults with any special need or handicap are welcome & encouraged to participate!** No specific skills or background in cheerleading is needed! The purpose is to learn, have FUN, and give them a chance to shine in the spotlight!

**What:** Much like the Special Olympics, we are allowing these athletes to perform as a Spirit Express All-Star Cheerleader/Tumbler! We have also been invited in the past to do various performances such as the **Opening Ceremonies for the State Special Olympics and the NCAA Big 12 Basketball Tournament!**

**When:** The athletes will tumble, play, jump, and work on skills at weekly practices held on Wednesdays from 3:45-4:30. Practices begin the first week in October.

**Where:** Our practices will be held at the Spirit Express Cheer & Tumbling Academy located at 302 South Jefferson in Enid!

**Cost:** The cost is completely free! We love giving back to our community and sharing our talents with others! Many of our coaches and athletes volunteer to help with this team!

**Other Info:** We will be doing this team a little different than we have in the past. This year we will do all local performances to help minimize the cost of travel for our families. Most practices will consist of tumbling, jumping, stretching, strengthening, and open "play". We want these athletes to be able to come in to the gym and have fun and make new friends, as well as keep their bodies in shape.

**To Enroll Your Athlete or For More Information, Contact Missy (Conner) Quintero**

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